

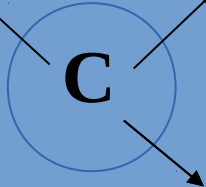
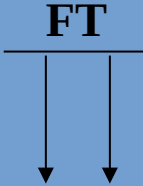
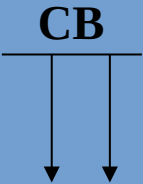


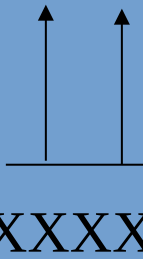


INTERNATIONAL HASH TRAIL MARKINGS

	<p>ON TRAIL: Follow the arrows. Call “ON ON” at each arrow. Call “ON ONE, ON TWO and ON THREE” after a Check. If no third arrow, go back to CHECK and search again.</p> <p>Call “CHECKING” when searching after a CHECK.</p>
	<p>360 Degree CHECK. Check in ALL directions. Call “CHECKING”.</p> <p>Also call “ARE YOU” until the true trail is found and then call “ON ON”. The True Trail should be NO MORE than 100 metres from ANY CHECK.</p>
	<p>CHECK .. Check only in the direction of the arrows. Call “CHECKING”.</p> <p>Also call “ARE YOU” until the true trail is found and then call “ON ON”. The letter “C” may or may be not inserted in the circle.</p>
	<p>FALSE TRAIL .. Stop, turn around and go back to the last arrow. Call “FALSE TRAIL”. Start looking for the true trail.</p> <p>DO NOT use a FALSE TRAIL after a CHECK, for that use CHECK BACK.</p>
	<p>CHECK BACK .. Stop, turn around and go back to the last CHECK. Call “CHECK BACK”.</p> <p>Search again from the CHECK until the true trail is found.</p>
	<p>RE-GROUP .. Can also be called “HC” for HOLD CHECK. Stop, wait and call “RE-GROUP”. This gives the back runners a chance to catch up. Good place for a Hash song or drink stop.</p> <p>DO NOT sneak off to find the true trail! It is not a race to the finish line.</p>
	<p>TRUE TRAIL .. also called “HARD ON”. When you see this marking you know you are on the true trail and heading in the right direction.</p> <p>DO NOT use a “TRUE TRAIL” mark on a FALSE TRAIL..</p>
	<p>ON HOME .. Go for it. Call “ON HOME”</p> <p>Get to the Bucket any way you like.</p> <p>Then enjoy the “Amber Nectar” we all run for!!</p> <p>On On.</p>